



Dear Parents and Carers,

At this time of year we need to ensure our students are 'SunSmart'. To ensure our students can engage in fun, sun safe outdoor activities we will be implementing the 5 SunSmart steps.

1. **SLIP** on cool clothing that covers as much skin as possible.
2. **SLOP** on SPF 30 (or higher) broad-spectrum, water-resistant sunscreen. The school will provide sunscreen, however if you would like to use a particular type, please send it to school with your son or daughter. **PLEASE NOTE:** If your child has a sensitivity or allergy that prevents them having sunscreen applied please notify their teacher.
3. **SLAP** on a wide brimmed hat that shades the face, neck, ears and eyes. Please send a hat to school with your son or daughter.
4. **SEEK SHADE** – Students will be encouraged to stay/play in shaded areas of the playground i.e. under a shady tree, a verandah, a pergola or a shade sail.
5. **SLIDE** on some sunglasses where practical.



PLEASE NOTE: Due to current COVID-19 guidelines for schools, PE sessions will be held outdoors. If the weather is extreme, students will complete alternative learning tasks indoors.

For more information, please contact your son or daughter's teacher.