

Pencil Control Skills



Hume Valley School Occupational Therapy Department

The focus of today's session is controlling our pencils.

If you need a brain break before starting pick an activity from the list called "regulation strategies"





Colouring by number:

WHAT YOU NEED:

	<ul style="list-style-type: none">• A copy of a colour by number worksheet. You can print off the one on the next page or choose a different one from a website e.g.:<ul style="list-style-type: none">○ https://www.crayola.com/free-coloring-pages/just-for-fun/color-by-number-coloring-pages/○ https://www.bestcoloringpagesforkids.com/free-printable-color-number-coloring-pages.html
	<ul style="list-style-type: none">• Pencils/textas/crayons

ACTIVITY:

Try to stay inside the lines as much as you can when colouring in.

	1. Print out your colour by number page.
	2. Use the correct coloured pencil to colour in all of the parts of the picture with a "1."
	3. Use the next colour to colour in all of the parts with a "2."
	4. Keep colouring in all of the parts of the pictures until you have finished.

Suggested time: 10-15 minutes

Color-By-Number



Color the picture by the color paired with the number.



1=Orange

2=Brown

3=Blue

For more pages like this, purchase our Coloring Books online or at your favorite store.