

SCISSOR SKILLS





Hume Valley School Occupational Therapy Department

The focus of today's session is cutting with scissors.

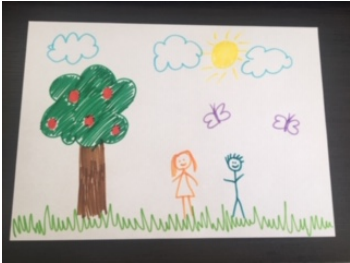
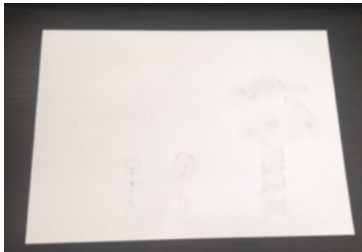
If you need a brain break before starting, pick an activity from the list called "regulation strategies."

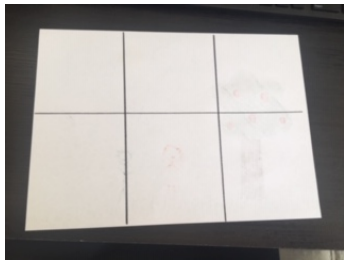
Making a puzzle:

WHAT YOU NEED:

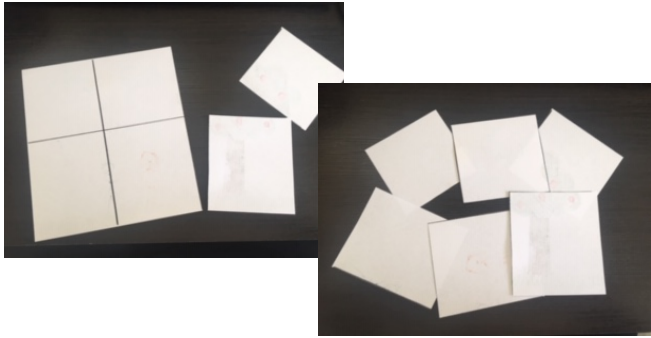
	Paper
	Pencils/textas
	Scissors
	A ruler

ACTIVITY:

	1. Draw a picture on the piece of paper and colour it in. You can draw any picture you want.
	2. Turn the paper over so that your picture is facing down on the table.



3. Draw straight lines with a ruler on the back of the drawing. The less lines there are, the easier the puzzle will be.



4. Ask your child to cut along the lines with scissors. Try to stay on the lines as much as you can!



5. Turn your pieces over and play with the puzzle!

Suggested time: 10-15 minutes