

Social Skills – Emotions

Hume Valley School Speech Language Pathology Department

Here's a video to give you some ideas <https://www.youtube.com/watch?v=ZxfJicfyCdq>

You can watch this together before starting the activity

WORDS TO USE:

Verbs: feel, cry, laugh, smile, frown, yawn

Adjectives: emotions (angry, happy, excited, nervous, sad, surprised, tired, disappointed, confused)

Nouns: body parts (mouth, eyes, teeth, nose, ears)

HOW TO PLAY:

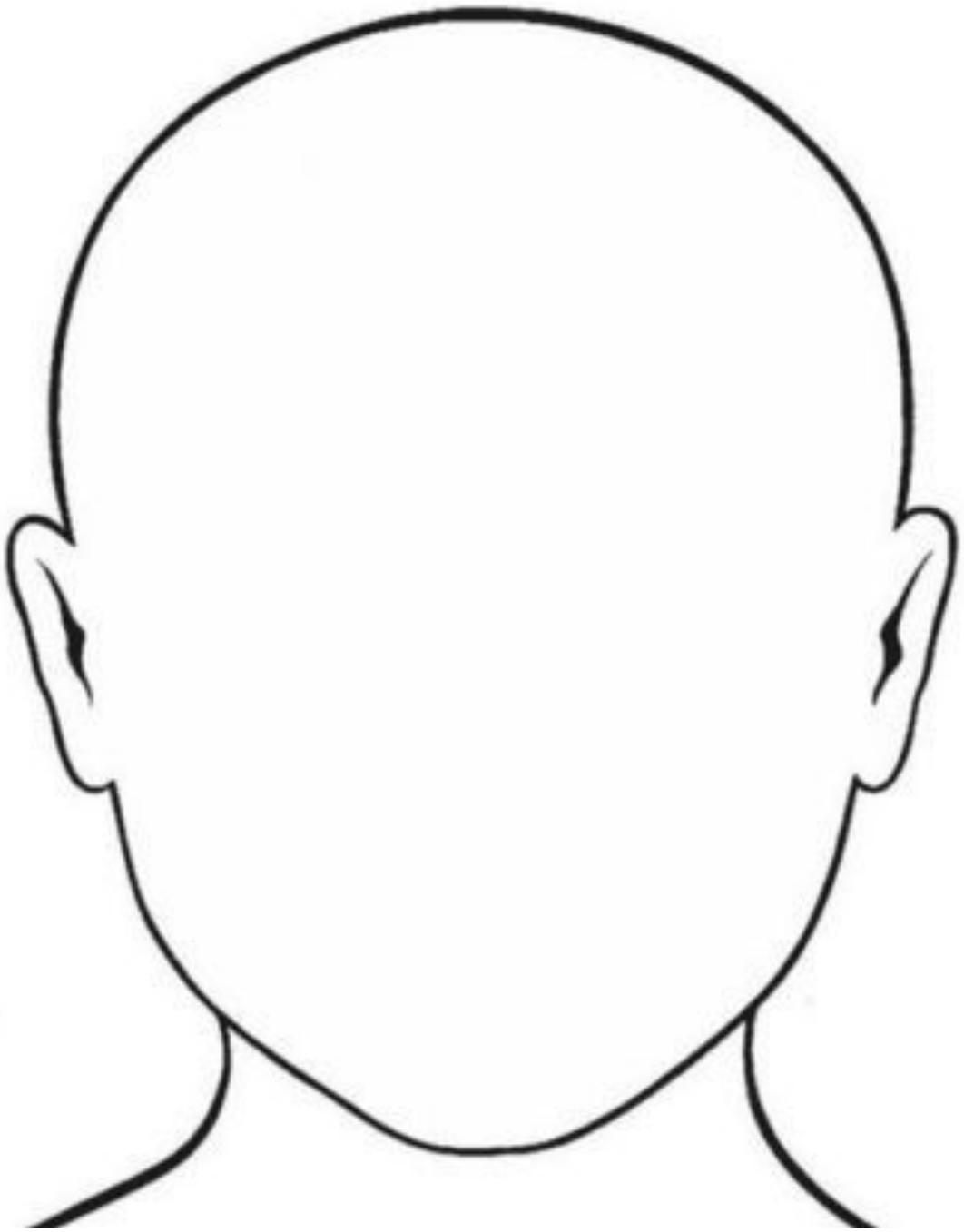
- Look at the picture cards and name the emotion
- Talk about how each face looks e.g. what is the mouth doing?
- Talk about what how your body might feel
- Talk about what things make you feel that way
- Take turns picking a card and making the face on the card. The other person has to guess what emotion you are showing on your face.
- Pick one emotion and draw it on the blank face

USE SENTENCES LIKE THESE:

- "I think this one is happy. What is his mouth doing?"
- "I smile when I am happy."
- "This one looks tired. What makes you tired?"
- "Show me your angry face"
- "He is crying. Is he sad or happy?"
- "When I am angry sometimes I feel hot"
- "Can you find the surprised face?"

NOTE:

- You can extend this game by talking about emotions when watching a TV show or reading a book together



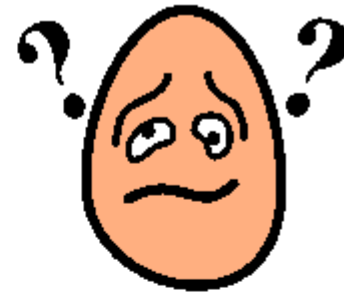
disappointed



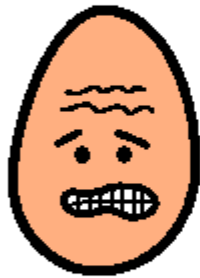
happy



confused



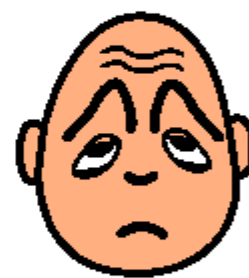
nervous



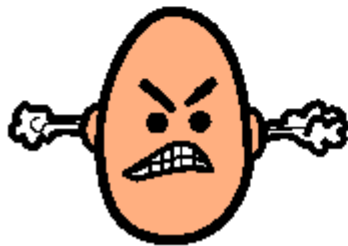
sad



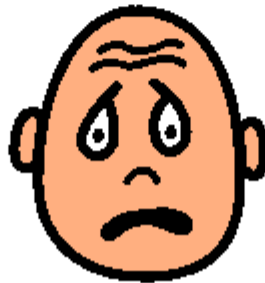
tired



angry



scared



surprised

